

Lifespan Respite Care Program Enhancement Grant

PROJECT SUMMARY

Grantee Organization: Kentucky Cabinet for Health and Family Services (CHFS)

State: Kentucky

Project Period: September 30, 2025 to September 29, 2028

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Project Overview:

The Kentucky Respite Connection statewide initiative will align with the Lifespan Respite Care Program's goals to expand equitable access, quality, and coordination of respite care for all caregivers regardless of who they support or where they live. This includes care for individuals of any age, ability, or health condition.

The **goal** is to create a coordinated, responsive system that meets diverse needs, reduces barriers, and adapts to evolving priorities across the lifespan.

Project objectives: 1) build a sustainable infrastructure; 2) strengthen cross-sector collaboration; and 3) deliver flexible, person-centered options, with a focus on underserved caregivers.

Proposed interventions: develop a centralized, public-facing Respite Care Registry with user-friendly search and matching tools; launch a standardized, competency-based Respite Provider Training applicable across care settings and populations; host an annual Caregiver and Respite Provider Conference for in-person skills training, best-practice sharing, and professional networking; and through a Caregiver Respite Grant Program, offer mini-grants for planned and emergency respite, ensuring timely, flexible support.

Outcomes and Products:

Anticipated outcomes: 1) fully operational and representative Kentucky State Respite Coalition; 2) registry with measurable increases in provider utilization and caregiver satisfaction; 3) completion of standardized respite caregiver training of at least 100 respite providers by Year 2; and 4) direct respite support for at least 200 caregivers, with documented reductions in stress and improved quality of life.

Expected products: respite registry; training framework; conference curriculum; online grant portal; caregiver toolkit; and evaluation materials.



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