

Lifespan Respite Care Program Enhancement Grant

PROJECT SUMMARY

Grantee Organization: New Mexico Aging & Long-Term Services Department (ALTSD)

State: New Mexico

Project Period: September 30, 2025 to September 29, 2028

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Project Overview:

The New Mexico Aging and Long-Term Services Department (ALTSD) in partnership with the New Mexico Caregivers Coalition, and other key partners will work to expand the New Mexico Lifespan Respite Care Program to improve the lives of New Mexicans by enhancing the capacity of respite care systems to strengthen caregiver supports and reduce caregiver stress.

The **goal** is to focus on expanding the foundation of the statewide Lifespan Respite Care System that provides respite care services to family caregivers of older adults and adults with disabilities.

Project objectives: 1) increase the availability of respite services by expanding the New Mexico statewide Lifespan Respite Care System that provides community-based respite care services to family caregivers for adults living with Alzheimer's, Dementia, Other Dementias, Parkinson's Diseases, adults with chronic conditions, and adults with disabilities; 2) increase the awareness of statewide respite service availability and enhance the coordination of respite services; and 3) enhance the quality of New Mexico respite services through evidence-based education, training, and resources

Proposed interventions: identify and engage at least three new community-based organizations to provide respite services within underserved rural and tribal areas; increase the number of respite care providers enrolled in the Lifespan Respite Care System by

25% over two years; implement a modern centralized referral and tracking system, Yes NM, for respite services; launch a statewide outreach campaign targeting caregivers, healthcare providers, and community partners; develop and distribute culturally and linguistically appropriate materials about respite; establish and maintain a respite services coordination workgroup that meets quarterly; develop and implement a standardized, evidence-based training curriculum for respite care providers, and deliver ongoing monthly continuing education workshops to both new and existing providers across the state; and create an online resource hub for caregivers and providers to access training, support materials, and best practices.

Outcomes and Products:

Anticipated outcomes: 1) increased awareness and access to respite care services in underserved communities including Tribes, Pueblos, and Nations; 2) integrated coordination of referrals and respite services resources; and 3) increased provider competence, expanded access to resources, and improved quality of respite services through education and training.

Expected products: New Mexico Caregiver respite registry; and ALTSD website with resource resources including referral system integration, respite marketing materials, and caregiver training materials.



archrespite.org