

Lifespan Respite Care Program Enhancement Grant

PROJECT SUMMARY

Grantee Organization: New York State Office for the Aging (NYSOFA)

State: New York

Project Period: September 30, 2025 to September 29, 2028

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Project Overview:

New York's Lifespan Respite Core Team—New York State Office for the Aging (NYSOFA), New York State Caregiving and Respite Coalition (NYSCRC), and NY Connects/No Wrong Door (NWD)—will build capacity through collaboration, coordination, and input from caregivers and other key stakeholders to meet the goal and objectives.

The **goal** of this project is to build upon and strengthen the current Lifespan Respite Care System by expanding respite care services, fostering new partnerships, and implementing targeted statewide outreach to continue to create a sustainable and coordinated system that supports family caregivers across the age and disability spectrum.

Project objectives: 1) expand and diversify partnerships to enhance the capacity and reach of New York's Lifespan Respite Care System; 2) increase the availability and variety of respite care options for family caregivers; 3) advance the development of additional NYSCRC satellite regional Caregiver Wellness and Respite Centers (CWRCs) that will engage, assess, and provide supportive services to family caregivers; 4) raise awareness of the critical contributions and unprecedented challenges faced by family caregivers; and 5) strengthen connections between the local NWD/Aging and Disability Resource Centers (ADRC) and caregiver support networks to promote access to respite care and other essential supportive services for caregivers.

Proposed interventions: build deeper connections through outreach to identify and engage organizations that serve caregivers to diversify and strengthen the respite provider network; provide respite services using flexible and creative approaches including respite vouchers and/or other models; expand the scope and reach of NYSCRC through the development of additional regional satellite centers; continue state agency and partner collaborations to leverage resources, coordinate efforts, and conduct outreach promoting caregiving and respite services across the age and disability spectrum; and bolster existing connections between the NY Connects/NWD system and the caregiver support network.

Outcomes and Products:

Anticipated outcomes: 1) enhanced well-being and reduced feelings of stress for caregivers; 2) growth in the number and diversity of respite care providers; 3) greater availability and accessibility of caregiver supports statewide; 4) increased collaborations and partnerships; and 5) increased referrals from the NWD to caregiver services.

Expected products: caregiver-specific newsletter; faith-based respite toolkit; statewide caregiver and respite focused training for the NWD system; public awareness materials; CWRC monitoring tool; and final report, including program evaluation.



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